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The Level of Disaster Preparedness Among The Selected Non-institutionalized and Institutionalized Elderly Residents in Metro Cebu: A proposed disaster preparedness guideline (Philippines)

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The Level of Disaster Preparedness Among The Selected Non-institutionalized and Institutionalized Elderly Residents in Metro Cebu: A proposed disaster preparedness guideline aimed to determine the level of disaster preparedness of the elderly resident of institutionalized and non-institutionalized communities in Metro Cebu. With 97 elderly residents in institutionalized communities and 172 elderly residents in non-institutionalized communities.

The results showed that the overall disaster preparedness of the elderly residents in the institutionalized communities were mostly high. Furthermore, the elderly residents in the non-institutionalized communities showed that among the 172 respondents, 129 of the respondents had high level of disaster preparedness. There is a significant difference between the institutionalized and non-institutionalized elderly residents due to the conditions present associated with their old age, their motivation and their physical and social environment.

Based on the findings, the researchers concluded that the overall disaster preparedness for both the institutionalized and non-institutionalized elderly residents fall under the high level of disaster preparedness however, three fourths of the population from the non-institutionalized elderly residents were under the high level of disaster preparedness concluding that they are more prepared in cases of disaster. On the findings gathered, the following recommendations were made: the collaboration of other professionals into the scope of disaster preparedness and the inclusion of other vulnerable groups in cases of disasters.