

University Education in Mental Health in Argentina. Adequacy of existing curricula to Recommendations for Universities related to the National Mental Health and Addictions Law No. 26.657

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Introduction: The National Law on Mental Health and Addictions 26657 (NLMHA-Argentina, 2010) regains rights perspective overcoming the tutelar paradigm and stigma of imprisonment-danger-madness-medicalization of suffering, promoting integral health and incorporating a community mental health perspective. While laws and policies are frameworks that promote rights, their implementation processes require consistent and specific actions to sustain the complexity of the paradigm shift to ensure its implementation. One of the strategic aspects is the training and updating of professionals. The document entitled "Guidelines for improving training of professionals in Mental Health" indicate the need to focus holistically the processes of formation of future professionals at Universities recommending the adoption of the rights approach, the social inclusion and interdisciplinarity as keystones for training, extension and research.

Objective: To characterize adequacy to the mentioned Guidelines of curricula of university degree courses involved in mental health in Buenos Aires.

Methodology: Exploratory-descriptive design. Universities, careers and curricula of Law, Nursing, Medicine, Social Work, Psychology and Occupational Therapy will be characterized through systematic observation of documentary sources (curricula, programs, recommendations) and methodological triangulation of programs and interviews with qualified and key informants.

Results: At this moment we are initiating data collection.

Conclusion: It is essential that Occupational Therapy courses adequate their curricula to the Guidelines. Research results will help to identify obstacles and facilitators in the process of implementing of NLMHA from the perspective of the curricula of health careers in order to assist in its full implementation.