FROM FUNCTIONAL GOALS TO PARTICIPATION BASED GOALS: DO WE NEED A DIFFERENT FRAMEWORK?

Vrushali Kulkarni
Sonam Shah
Roopa Srinivasan
Cerebral Palsy
(Health Condition)

Background

(Person)

(Environmental Factors)

(Personal Factors)

(Health Condition)

(Activity)

(Participation)

(Body structure/ function)

World Health Organisation, 2002
Strong S. et al, 1999
## Goal Setting using the ICF and PEO Model

<table>
<thead>
<tr>
<th>What do the models address?</th>
<th>What are the gaps?</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Holistic Assessment of the child</td>
<td>• Caregivers’ focus around body structure/ function</td>
</tr>
<tr>
<td>• Family Centered Care</td>
<td>• Need to have standardized framework</td>
</tr>
<tr>
<td>• Interdisciplinary Collaboration</td>
<td>• Interpretation of ‘participation’ according to their unique context</td>
</tr>
<tr>
<td>• Multiple possibilities of intervention</td>
<td></td>
</tr>
</tbody>
</table>
This study describes a semi-structured interview method of setting goals including, ‘Person-Environment-Occupation’ triad with families of children experiencing developmental disabilities.

**Objective**

**Part 1:** Identifying Participation based Goal

**Part 2:** Possibilities of Interdisciplinary Collaboration
The framework

<table>
<thead>
<tr>
<th>Questions</th>
<th>Rationale</th>
<th>ICF Category</th>
</tr>
</thead>
<tbody>
<tr>
<td>What do you see your child doing in the immediate future?</td>
<td>Understanding parental hopes for the immediate future</td>
<td>Body structure/function, Activity, Participation</td>
</tr>
<tr>
<td>Why is this important?</td>
<td>Understanding the families’ unique context</td>
<td>Participation and contextual factors</td>
</tr>
<tr>
<td>What will happen if he starts doing what you hope for?</td>
<td>Articulating the link between participation and activity</td>
<td>Participation</td>
</tr>
</tbody>
</table>

**PART 2**

- Body structure/function impairment
- Activity limitations
- Environmental barriers
A walk-through the framework....

What do you see Sparsh doing in immediate future?

Sparsh should be toilet trained...

Why is that important?

Because it is important for our family to spend time together for outings...and him not being toilet trained comes in our way....His father feels embarrassed.

Accessibility of toilet:
Sparsh’s family will be able to identify places for their outings.

Stigma:
Sparsh’s father will feel comfortable about the outings with him.

Body Structure/ function, Activity

Sparsh will be able to use washroom consistently.

Environmental factors

Sparsh and his family will be able to go for outing.
Result and Conclusion

Collaboration with Caregivers

Enhanced Participation of Child

Moving from Activity/Functional to Participation

Future Scope

• Implementation of the framework across different disciplines
• Understanding the long term impact of the participation based goal setting process

Progress so far...

Structured documentation of goals

Reviewing the goals
References


- Costa et. al, 2017, ‘Collaborative goal setting with and for children as a part of therapeutic intervention’, Disabil Rehabil, August.

