The impact of circle dance on well-being: a qualitative study

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Outline of the presentation

• Circle dance: background and historical context
• Research design
• Findings and discussion
• Conclusion
The impact of circle dance on well-being: a qualitative study

Circle dance

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The impact of circle dance on well-being: a qualitative study

Bernhard Wosien (1908-1986)
PhD research topic

The impact of circle dance on well-being: a qualitative study

CONTRIBUTION TO KNOWLEDGE

Circle Dance

Well-Being

O.S./O.T.
The impact of circle dance on well-being: a qualitative study

Methods

• Grounded theory: constructivist approach (Charmaz, 2006)

• In-depth interviews

• Analytical process: major categories (circle dance participants, teachers and coordinators)
Findings: participants’ major category

“I can’t imagine life without it”

- Unique experience of being engaged
- Feeling part of the ethos of circle dance
- Helping to overcome difficulties in life
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Conclusion

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Potential

Meaning

Significance

Well-Being

Quality

Circle Dance

Quality

Well-Being

Significance

Meaning

Potential


Many thanks!

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