Addressing the occupational needs of clients with homelessness background: The experience of Centro de Apoio Social de São Bento (CASSB)

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Occupational Balance Questionnaire (Wagman & Hakansson, 2014)

Aktivitetsbalans

Kryssa i den ruta som bäst stämmer överens med din nuvarande situation

1. När jag tänker på en vanlig vecka har jag lagom mycket att göra
   □ □ □

   Instämmer Instämmer Instämmer Instämmer

   inte alls delvis mycket helt

Meaningful Activities Wants and Needs Assessment (Eakman, 2013)

Your Activity Needs

Your day to day activities or the things that you do are important in some way to your life. However, sometimes people feel that some things may be missing from their life. Please indicate on the four-point scale provided below the extent to which you feel you need more of these activity experiences in your life.

The things that I do involve challenges that I can handle

☐ I do not want nor need more of this in my life
☐ I would like more of this in my life
☐ I really want more of this in my life
☐ I truly need more of this in my life

The things that I do are fun for me

☐ I do not want nor need more of this in my life
☐ I would like more of this in my life
☐ I really want more of this in my life
☐ I truly need more of this in my life
10 weekly session Program

Session

- Check-in
- Practical activity
- Reflexion
- Check-out
OBRIGADA!
Thank you!